

The Clem Jones Centre FunFit Triathlon

Information Sheet



Event Details

Date	Sunday 17 th November
Location	The Clem Jones Centre (Zahel Street, Carina)
Check-In	7:00am-7:30am (inside the Pool Complex)
Start Time	8:00am

Triathlon Details

Distance*	<ul style="list-style-type: none">• 100m Swim• Up to 15min Stationary Bike• 500m Run <p>* Participants can choose to complete all three legs as listed or skip/adjust according to their preference</p>
Course Details	<ul style="list-style-type: none">• 25m or 50m pool• Stationary bikes (near Men's Shed)• 500m run on the Hockey Fields
Buddy	Participants must compete with a Buddy (either provided by you or supplied by event organisers)
Race Kit	All participants will receive a Race Kit at check-in (includes swim cap, shirt and other goodies)

Registration Information

Entry Fee	\$20 (includes cost of Buddy)
Registration Closes	Sunday 3 rd November
Late Registration	Up to and including the day of the event Fee is \$25 No guarantee of Race Kit
Minimum Age	8 years old (as of race day)
Participant Waiver	All participants must complete a Clem Jones Membership application (to be provided when registering)

